

FIRST ANNUAL  
*planetary*  
DANCE

OCTOBER 30, 2017 • 5 – 8 PM

REGISTRATION BEGINS AT 4:30 PM

ECS LAWN (BEHIND POLLAK LIBRARY)

*Please wear comfortable clothes and shoes you can run/jog/walk in for 20 minutes. Bring water to drink.*

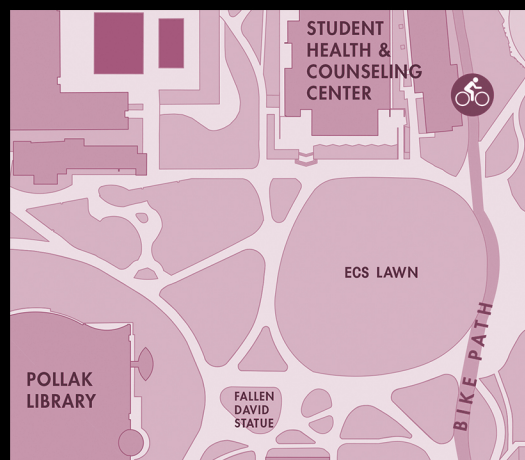
HARNESSING THE POWER OF DANCE TO PROMOTE PEACE IN OUR WORLD!

The Planetary Dance is a community ritual of healing created by dance pioneer Anna Halprin. Participants are invited to run, walk, or simply stand to create a moving mandala of bodies, bringing people of all ages and abilities together to “dance for a purpose.” Join us to renew and inspire yourself and your campus community.

**For more information about the history of this dance:**

[www.planetarydance.org/the-story](http://www.planetarydance.org/the-story)

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**CSUF Department of Theater and Dance**  
**First Annual**  
**PLANETARY DANCE**

**WHAT:** The Planetary Dance is a communal ritual for healing created by dance pioneer Anna Halprin. This is a designed, pedestrian activity that consists of walking, jogging and/or running (tailored to your comfort level) for a shared intention. Let us come together as a community and utilize art at it's most powerful to promote peace within our world.

The Tradition of Dance as Prayer from Anna's website:

In large group dances, something exceptional often occurs. When enough people move together with a common pulse and a common purpose, a profound force can take over. People stop moving as individuals and begin to move as if they were parts of a larger body, a group spirit.

Cultures everywhere have evoked the power of this group spirit, enacting in dance; It is a power that can renew, inspire, teach, and heal.

**WHEN:** October 30, 2017 4:30pm- 6:00pm

**WHERE:**

**DETAILS:** Wear comfortable clothes and shoes that you can run/jog/walk in for 20 minutes. Bring water.

Link to more information about the history of this dance

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**INTENTION: WE WILL RUN FOR PEACE AND SAFETY, SOWN  
THROUGH LOVE AND RESPECT FOR ALL PEOPLE**