



Planetary Dance for the Winter Solstice 12.21.12 Manifesting Dreams for an Awakening World

Location: Studio Nia, 918 SW Yamhill St, Portland, OR Time: 8-10:30pm Contact: Zan Tewsbury - <u>zanadude@gmail.com</u> for starting time and other details

This year's Winter Solstice, 12.21.12, aligns with the moment in universal time long anticipated in some wisdom traditions as signifying the ending and beginning of greater cycles for human consciousness.

All over our planet on this day, there will be celebrations to mark the dawning of new possibilities for human evolution. From the space that has seen over a century of dance, and which is composed of elements that stood in forests for centuries before that, we will energetically synchronize with events happening in Chichen Itza, Palenque, Stonehenge and across Europe, South Africa, India, China, Russia, Hawai'i, Australia, North and South America. December 21, 2012 is the second most widely recognized date in modern human history.

We will hold a Planetary Dance, as transmitted by the legendary Anna Halprin (<u>www.planetarydance.org/</u>), in which we move in three concentric circles to a drumbeat, after casting our intentions into the circle. Inspired by Native American dance ceremony, we run, trot and walk, pulsing the collective heartbeat of community through our bodies to bring our dreams for the world into being. Our many intentions enliven our dance, as we make our eventual way, in natural time, into the center to join the drummer(s) and one another for a final send-off of our intentions into the sky.

Whatever our beliefs, this date (as any) can serve as an opportunity to gather with collective purpose,

to share and cast our dreams and desires for the world.

The Planetary Dance will be followed by a sharing of simple, whole foods. Following that we will host a free dance jam. We end with a closing circle at midnight.

Come as the dark or the light, in either black or white. No charge to participate.